

Who are we?

Barrow Borough Sports Council supports sport and physical activity in the Barrow Borough. We are made up of the Borough and County Council, local schools, sports clubs, the Police and other agencies.



Dan Kicks Off the Holidays Sports Programme
Dan Myles is the Youth Sports Worker with the Barrow Borough Council. His role is to engage with the youth of the Barrow Borough, work with youth groups and organise our free Holiday Sports Programme.

The holiday programme is a great opportunity for parents to introduce their children to sport and encourage them to lead a healthy and active lifestyle. The variety of sports on offer is extensive and Barrow Sports Council would encourage youngsters to come along and try as many different sports as possible.

As well as football, rugby, rounders and cricket, other sports on offer include athletics, tennis and other racquet sports. We also hold special coaching sessions in kite surfing, canoeing and orienteering.

Dan can be contacted on 01229 845929, dmyles@barrowbc.gov.uk



Want to know 'What's Happening?'

The home of Barrow Borough Sports Council is on the web at www.barrowsportscouncil.org.uk with over 30 pages bursting with 'What's Happening', 'Where to get help with funding' and 'Examples of Success'.

The site also includes an extensive database of local clubs, contacts and other useful information.

Emma also sends out a free weekly email promoting local activities and events. This now goes to over 1000 contacts. We encourage local Sports Clubs to get in touch with us so we can promote clubs and activities and success stories through this e-bulletin.

You can contact Emma on 01229 407319, emma.broadbent@cumbriacc.gov.uk



www.barrowsportscouncil.org.uk

FREE October Half Term Activities for young people aged 8-15 years

Monday 24th - Friday 28th October



Monday 24th October

Park Leisure Centre	2 & 3pm	Dance Mats
Furness Academy South Site	2-4pm	Multi Sports
Barrow Table Tennis Centre	2-4pm	Table Tennis

Tuesday 25th October

Park Leisure Centre	2 & 3pm	Dance Mats
Furness Academy South Site	2-4pm	Multi Sports
Barrow Table Tennis Centre	2-4pm	Table Tennis

Wednesday 26th October

Park Leisure Centre	2 & 3pm	Dance Mats
Furness Academy South Site	2-4pm	Multi Sports
Barrow Table Tennis Centre	2-4pm	Table Tennis
Hindpool MUGA	11am-12noon	Multi Sports

Thursday 27th October

Park Leisure Centre	2 & 3pm	Dance Mats
Furness Academy South Site	2-4pm	Multi Sports
Barrow Table Tennis Centre	2-4pm	Table Tennis
Walney - Mill Lane MUGA	2-4pm	Multi Sports

It's all FREE

Don't forget to join us on Facebook for up to date information on what's happening. Search for us - What's Happening Barrow-Sports - and add us as a friend!

Friday 28th October

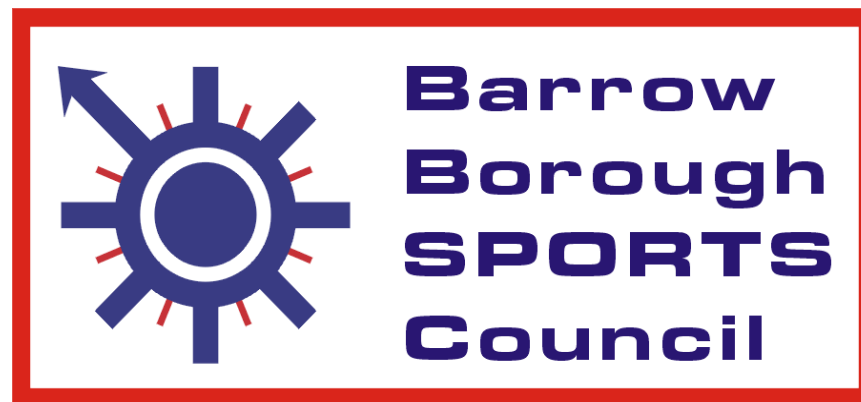
Park Leisure Centre	2 & 3pm	Dance Mats
Furness Academy South Site	2-4pm	Multi Sports
Barrow Table Tennis Centre	2-4pm	Table Tennis
Hindpool MUGA	11am-12noon	Multi Sports

** Table Tennis and Dance Mat sessions are open to young people aged 6-15. **

** All 6 & 7 year olds MUST be accompanied by an adult at ALL TIMES **

Don't forget!!

We run orienteering sessions in Barrow Park every day! Just meet at 2pm at Academy South Site.



www.barrowsportscouncil.org.uk